

If she learned one thing at Texas A&M, it's the value of commitments.

A Central Texas native, Catherine McNeal had a B.A. and Ph.D. from Texas A&M University, and was performing biomedical research, when she decided to become a physician. She attended The Texas A&M University System Health Science Center College of Medicine and received her medical degree at the age of 42. Like all A&M medical students, Dr. McNeal spent her third and fourth years of medical school training at Scott & White. Today, this Scott & White physician works with her husband, a Texas A&M chemistry professor, investigating causes and evaluating safe treatments for high cholesterol in children – research that could prevent heart disease for these children 30 years from now. Making lifetime commitments to her work, her education, her family and her community takes discipline, loyalty and courage. These values, instilled in her at Texas A&M and Scott & White, are the ones that she puts into practice every day.



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